



USING *LECTIO DIVINA* IN A GROUP SETTING

Select a passage from Scripture, perhaps the Gospel reading for the following Sunday. We will read John 15:1-11.

Pray: "Lord, open our minds, our ears, and our hearts, that we may be transformed by your Word."

Sit together quietly for a few minutes, quieting your hearts and preparing to hear the living word of God, spoken to you.

1. Read (*lectio, reading*) – 3 minutes

Reader #1: Read John 15:1-11 out loud slowly, thoughtfully.

Group: Listen prayerfully. In the following silence, speak the word or words that stood out to you.

This is what I hear: _____

2. Reflect (*meditatio, meditation*) – 8 minutes

Reader #2: Read John 15:1-11 again, slowly.

Group: Listen prayerfully while reflecting on the word or phrase that spoke to you. Allow the word to speak into your heart, to touch your life. What do you hear? Speak it briefly into the silence that follows.

This is what it says or means to me: _____

3. Respond (*oratio*, prayer) – 8 minutes

Reader #3: Read John 15:1-11 slowly a final time.
Group: Listen quietly to God speaking to their hearts; respond silently to him. After a few minutes of silent prayer, you may share with others what is in your heart.

My response to God:

4. Rest (*contemplatio*, contemplation) – 3-4 minutes

Group: Several minutes of quiet rest in God’s love.
Leader: Close with the Our Father or other prayer.

Copyright © 2018 Sarah Christmyer. All rights reserved. Permission is granted to reprint copies for non-commercial use. All copyright information must be retained.